

In just one year we have been able to support numerous clubs and projects across the county of Berkshire and through the 6 local authority areas. Clubs have been able to access an activity programme offering adventure, challenge and friendship and also training in Safeguarding and First Aid.

- The new electronic Duke of Edinburgh scheme is proving popular with young people and fills the gap for those not wishing to access the scheme in school.
- The community engagement project Fusion, goes from strength to strength supporting over 200 children and their families. Funded and supported by Silva (Bracknell Forest Homes), it helps children aged 10 years to make a good transition to Yr. 7.
- The Sports, Leisure and Activities Team (SPLAT) has provided new sports and activities to 4184 young people including 363 with special needs supported by 476 volunteers. • Our detached projects have been working with young people who find it hard to engage with mainstream activities.
- After school coaching has encouraged 5962 children to try a new sport; gymnastics, tag rugby, basketball and hockey were all on offer.
- 69 new Young Leaders have been supported to complete the leadership programme and 777 young people trained in First Aid.
- The Wayz Youth Club supported over 573 individual children and young people and the Britwell Youth & Community Project supported over 500 individual children and young people.
- 393 young people completed the Fit4Youth Programme supporting Healthy Lifestyle choices for children and their families.

In total we have supported over 1,634 children and young people at a cost of less than £40 per person. What great value for money offering substantial savings compared to other projects that cost £1800 for 3 weeks.



Can I add my thanks to the team who organised the golf day. It was great to see so many supporters. Thanks also to Martin Deaves for getting us into Castle Royle, a massive thanks to Jeff Gardner who was just brilliant as always recruiting the majority of the teams and for the organisation before and on the day. Great job Jeff and Carole for your help on the day. Once again thank you to all of those who played and supported the event. It's just brilliant that you are all supporting great opportunities for children and young people.

*David Seward, CEO Berkshire Youth*

### **Berkshire Youth Charity Golf Day**

Berkshire Youth held a Charity golf day on Wednesday 13<sup>th</sup> June at the Castle Royle golf club, Berkshire. The day was a great success with 15 teams taking part. We were very lucky to also have the weather on our side for the whole day!



The winning team on were David Hesketh and friends, closely followed by Simon Dawkins and friends and Cadence Design Systems. Well done to everyone who took part and thank you for helping to raise funds for Berkshire Youth.

Berkshire Youth would like to thank the following people for their sponsorship of this event  
Sir Brian Smith, Sir Philip Wroughton KCVO DL, Berkshire Community Foundation, Cadence Design Systems, Calco Construction, Get Berkshire Active, Jim Leftwich OBE, Peter Gangstead, Roger Smee MBE and Revd. Denise Lady Brown.

## Fit 4 YOUth Finishes for the Summer Term



From April to July Fit 4 YOUth has engaged 6 families and over 100 young people in schools. The young people in schools have all engaged in 6 week programmes aimed to encourage them to myth bust about nutrition, physical activity and hygiene facts, think differently about healthy living and understand only small changes are needed to become healthier!

Our Fit 4 YOUth families programme teamed up with Radian and The Sawyers Close Residents Association. The 12 week programme was a great success involving 6 families. The children and parents took part in a variety of sporting activities in the local green space, demonstrating easy ways to get active. They also thoroughly enjoyed the teeth and hand hygiene sessions, and cooking workshops where we tried healthy recipes for some of their favourite meals! Below are some quotes from the families who took part in this programme. We are looking forward to following up with them in 6 months time!



*"Once in a life time experience. Thankful for the chance to take part! I will continue to expand my knowledge on food and hygiene"* **Parent**



*"Amazing people, amazing activities and had a whale of a time. Thank you!"* **Parent**

*"I will stick to eating my 5-a-day or more and do more exercise."* **Parent**

*"My child learnt how to be healthy and it brought our community together."* **Parent**

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## Mary Hare Young Leaders Celebrating National Volunteer Week

Berkshire Youth's Leadership Academy would like to congratulate the eight young people from Mary Hare School that have achieved a recognised leadership qualification. Mary Hare School is a special school near Newbury that supports deaf young people.

The young people from different year groups completed an entry level Open College Network Leadership Course, which is a recognised qualification on the Qualification and Credit Framework (QCF). The course consisted of a series of interactive sessions over a 5 month period and once the course was completed it was followed by a Social Action Project that benefitted the school and its students. The students put in a lot of hours to design and create a more youth-friendly chill-out room for the school.



Kirilynn Gardner, the project lead from the school was very proud of the young people's achievement and voluntary input and put on an afternoon tea party to celebrate, which coincided with National Volunteer Week. This was the fourth successful leadership programme to be run at Mary Hare School and we're looking forward hopefully to run more in the future.

If your school or project is interested in a tailor-made leadership course then please get in touch with Richard at Berkshire Youth on 0118 909092

## Stratfield Mortimer Youth Consultation Success

Stratfield Mortimer Parish Council and Berkshire Youth recently joined forces to find the voice of young people within the area about some specific neighbourhood development plans.

The Berkshire Youth team used a range of approaches to speak to young people, through school activities, outreach and a questionnaire. Over 300 young people were involved from the local primary and secondary schools. A class activity gave the young people a hypothetical blank cheque and they were asked to create a poster presentation on what they would do with it to improve the area for young people!

This opportunity gave the young people of the area a real voice in aspects of life which are most important to them, what they find positive and things that could be improved in Mortimer for people of their age.

For example, many young people mentioned that making friends and maintaining good relationships was extremely important to them. Alongside this they wanted somewhere local which provided them with a safe environment where they could have fun, meet and chill out with their friends and try new activities. These two factors complement each other in a service which could be offered to young people; this could take the form of a youth club or youth space which would meet all of those needs.

Overall, the youth consultation was a great success, with abundant support from the Parish Council and we look forward to supporting Stratfield Mortimer Parish Council with any future involvement they may need from Berkshire Youth.



## Summer Term SPLAT



SPLAT has had a busy few months delivering across 14 youth clubs and events representing over 80 hours of SPLAT activities.

Young people have been involved in a variety of sporting activities such as rainbow tag, zorbing, archery, football, team games! Over 50 young people have taken part in our Step Challenge, with our top stepper completing a huge 45 steps in 30 seconds!! Come and take on our step challenge next time you see Berkshire Youth at an event.



The SPLAT Team have brought exciting and new activities to over 1,000 young people this term and the young people are always extremely excited when they see the SPLAT van arrive.

If you are interested in booking a SPLAT session please email [admin@berkshireyouth.co.uk](mailto:admin@berkshireyouth.co.uk) or call 0118 9090 927

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## Bullbrook Social Action Project

Fusion is currently being delivered in Holly Spring Primary School to 90 young people. The young people decided that they would like to re-design a local park in Bullbrook as their Social Action Project.

The Fusion Team took photos of what the park currently looks like and young people spent one of their community sessions designing their dream park. Young people voted for their favourite design and then built a 3D model of their choice of park.



This design will then be presented to local councillors of Bullbrook, in a plea for their local park to be improved!



## Fusion Coffee Morning

On Thursday 14<sup>th</sup> June, Fusion held a Coffee Morning for local stakeholders to attend.

The event was designed to involve local councillors and make them more aware of the programme and what it has to offer. The team presented a PowerPoint to 11 different stakeholders, informing them of what had been going on throughout the 2017/18 academic year.

The event also encouraged stakeholders to input their own ideas to the programme, especially for the Social Action aspect of the programme. The event proved to be a success and allowed the team to meet a new councillor and introduce them to the programme further.



## Berkshire Youth's Young First Aiders at Kennet School



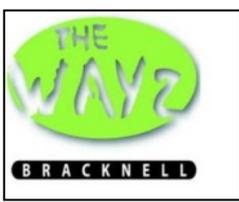
Berkshire Youth's programme for Young First Aiders has had some great success at Kennet School in Thatcham. Funded through Co-op's local community fund we aimed the training at all year eights.

We had 8 sessions, 560 minutes of the school's time dedicated to first aid training, 223 young people trained in the skill and roughly 6,700 chest compressions performed!

The school's lead for PSHE, Mr Cameron, said that it was a "really *informative learning experience that taught vital life-saving skills.*"

Students of Kennet School said it was "*much better than learning this information from a book*" and "*I now feel confident I would know what to do in that sort of situation.*"





## Celebrating Volunteering 2018



The winners of the 2018 Queen’s Award for Voluntary Service have been announced. A record 250 voluntary groups from across the UK will receive a Queen’s Award for Voluntary Service for their work in their communities. This is the highest award given to volunteer groups across the UK to recognise exceptional service within their communities.

The Wayz Youth Centre, Bracknell was one of three voluntary groups in Berkshire to gain the Queen’s Award for Voluntary Service in recognition of providing services and support to young people and adults to enable them to volunteer within their local communities.

*“This is a fantastic achievement in recognition of our volunteer programme which has seen over 5,500hrs of volunteering by young people and adults through our programmes in the last year. I would like to thank each and every volunteer past and present and the staff who have supported this. The award is for everyone involved, young people and adults! Our well established offer through programme delivery, centre works, social action, community activities and events has been creating opportunities, supporting young people and the community and making a difference for a number of years.*

*The support and dedication to all those involved has proved invaluable towards our offer, along with the partnership working with those in the community around us. This is a great opportunity to recognise some of our key community supporters: Bracknell Forest Homes, who have funded the programme over a number of years and Berkshire Community Foundation, who through 2017-18, have supported the programme and various social action elements, finally, Cadence who have created different avenues for volunteering through their employee programme, working hands-on with our young people to complete social action and generate income into further youth programmes.*

*We look forward to this continuing moving forward and always welcome new individuals wanting to get involved. Without this our whole offer would not be as accessible, beneficial and creative as it is proving to be.” – Gareth Mepham (Youth Work Manager)*

*“I love my volunteering at The Wayz and helping out with the bouncy castles and building. I have been community champion for three years now and want to continue helping The Wayz. I liked going to Buckingham Palace and seeing the places I haven’t been before. I looked around the garden and saw Prince Charles.” Ollie Kent (member and community champion)*



## Youth & Community Café



There have been some slight changes to the way that the Saturday morning Youth & Community Café is delivered at The Wayz. The cafe caters for approx. 25 members of the local community each week and the staff team want to focus on bringing these members closer together to build new friendships. The staff team decided that in order to do this they would run an activity each week everyone. The café members, including parents and young people, have gathered together

their ideas on activities they would like to do during the sessions. On Saturday 12<sup>th</sup> May all members and staff put these ideas into a programme plan which will display what will be happening each week. Some of the activities include getting involved with ‘Bracknell Rocks’, reptile workshops, blind food tasting, arts and crafts and sports activities!



## Training & Development

Berkshire Youth offers a wide range of courses focusing on developing young people which are available to schools and youth clubs. Our current programme of courses include:

- Motorwise
- Introduction to First Aid
- Leadership
- First Aid with qualification
- Fit4YOUth
- Bounce Back, a mental health programme.



We also offer a range of courses for individuals who work with young people as part of our Youth Workers Development Programme. Courses are available in:

- Universal Safeguarding Children
- An Introduction to Understanding & Managing Young People's Behaviour
- How to Run a Successful Youth Club
- Working with Young Volunteers
- Equality & Diversity
- Emergency First Aid at Work
- Paediatric First Aid

If you are interested in booking any of the courses, please contact our Training Department on 0118 9090927 or email [admin@berkshireyouth.co.uk](mailto:admin@berkshireyouth.co.uk).

June 2018

### 501 Club Winners

- 1<sup>st</sup> Suzanne Brownhill**  
**2<sup>nd</sup> Sir Philip Wroughton**  
**3<sup>rd</sup> Sir Brian Smith**

## JOIN OUR 501 CLUB

Help raise money for Berkshire Youth whilst having fun.

Membership of 501 costs from just £12 per year and helps to raise much needed money for youth activities. What's more, you have the chance to win a cash prize every other month in our draw.

For more details or to join please contact Sue Tabor at Berkshire Youth on 0118 9090927.



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